

Catholics Come Home

Do you feel like “Something” is missing in your life?

Been away from “Home” too long...?

Looking to better understand your Catholic Faith?

Sacred Heart Parish Ministries

Invites you to a 6-week program of exploration, re-discovery and renewal. Weekly sessions are round-table discussions of basic Church fundamentals about the Mass, the Sacraments of the Eucharist and Reconciliation, introduction to the Bible, and Church history. An ideal way to learn more about the Catholic Church.



The Return of the Prodigal Son
Bartolome Esteban Murillo (National Gallery of Art)

2019 Lenten Sessions Thursday evenings 7:00 to 8:30

March 7 through April 11

Sacred Heart Parish Hall

1040 39th Street, Sacramento, CA

Additional information: www.sacheart.org/crh.php

Ministry Office Telephone: 916-452-4830

March 7 Welcome & Orientation What Is the Church? Various Perspectives

How do you see, understand the Catholic Church? How does a secular culture see the Church, and how does that culture influence us? What is the Church in its true essence? How does the Catholic Church define/explain herself? Is the Church “counter-cultural? Is that good or bad? Coming Home—what are you “coming home” to?

March 14 The Mass & the Eucharist — Source and Summit of the Catholic Life

Learn more about the Mass—its structure, how it was developed. It’s historical and biblical roots. Why do we stand, sit and kneel? The prayers of the Mass. What is the Mass actually? Church architecture, art and music—why churches are designed the way they are and what this communicates to us. Gain a deeper understanding and appreciation of the Holy Sacrifice of the Mass, the Eucharistic miracle and how we can grow closer to God. This session is held in Sacred Heart Church.

March 21 Introduction to the Bible — How to Read the Bible with the Church

How to understand it, how it came into being, its message, and its value to us as Catholics.

Part One: How to read the Bible and study its major themes.

Part Two: The Old Testament-- a short overview.

Part Three: The New Testament-- a short overview.

This session draws from *You Can Understand the Bible*, Peter Kreeft, (Ignatius Press, 2005).

Dr. Kreeft is a professor of Philosophy at Boston College and author of over 40 books.

March 28 A Brief History of the Church from Pentecost to the Present

We explore important milestones in the Church’s life, traditions and doctrines. We look at the Church’s formation and growth in the early centuries, confronting the Roman Empire and a pagan society, the challenge of barbarian invasions, persecution. The flowering of the high Middle Ages, the Renaissance and the Reformation, the Enlightenment and the challenge of modern secular philosophies.

April 4 The Sacrament of Reconciliation (Confession and Penance)

A discussion of the power of confession and forgiveness as a gift of mercy from Christ to the apostles and to us. The concept of sin and its effects on us in this life and the one to come. The paradox of sin and role of Jesus Christ as Redeemer and Saviour. This session draws from the writings and a video of the late Bishop Fulton J. Sheen, Bishop of Rochester, N.Y.

April 11 The Nicene Creed: Christian Articles of Faith

300 years after the death and resurrection of Jesus the bishops of the Church convened in Nicaea in response to a widespread heresy called Arianism that denied the divinity of Jesus. The Church’s response to this and other questions was the formulation of the 12 basic tenets or core doctrinal beliefs of Christianity. These 12 “articles of faith” are summarized in what is known as the Nicene Creed, and is accepted by the great majority of Christian denominations today. As a conclusion to these sessions we look at these 12 articles that form a “summa” or summary of what we claim to believe as Christians. We repeat and acknowledge these beliefs at Mass today.

