

The Blessings of True Love

Today's Gospel speaks of the two great commandments: loving God with all one's heart, soul, and strength; and the second, loving one's neighbor as one's self. • So in today's First Reading, Moses lays the groundwork for the kind of love Jesus talks about in today's Gospel. He tells them that their life will be better, longer and more prosperous, if they observe God's commands. These commands explain how to love God: with all one's heart, soul, and strength. • Today's Responsorial, Psalm 18, is a hymn of praise to God who delivers us from our enemies. It echoes today's theme of how we should love God with all our being. This kind of love, like today's psalm, is *an act of trust*. Trust is not an easy thing to have, especially when we have been hurt by so many things during our life. We are reminded that God's love is the only love that will never go away or make mistakes. • In the Second Reading, St. Paul reminds us that Jesus is the *perfect priest*, the *best intercessor* between us and God because He is God, and therefore, has no need to offer sacrifice for Himself. He is the sinless one. So His sacrifice is perfect atonement for our sin. This is good to remember, especially in this month of November, when we pray for our deceased loved ones. We offer Mass for them: the perfect prayer to the perfect Intercessor. • In today's Gospel, Jesus is helping us love by directing our focus first on God, then on our neighbor. The two great commandments are the key. We love our neighbor most excellently by loving God with all our might. This is how to keep our love in balance. Loving our neighbor as ourselves is more valuable than any sacrifice or offering. Often this love of neighbor is itself an offering, a sacrifice. True love is self-sacrificial. • May we have the grace to live this kind of love and thereby bring God's blessings to our world.

Prayer of the Week

Father in heaven, God of power and Lord of mercy, from whose fullness we have received, direct our steps in our everyday efforts. May the changing moods of the human heart and the limits which our failings impose on hope never blind us to you, source of every good. Faith gives us the promise of peace and makes known the demands of love. Remove the selfishness that blurs the vi-

Faith First

sion of faith. We ask this through our Christ our Lord. Amen.

Church's Attitude Toward Judaism
In light of the tragic killing of 11 people in a Pittsburg synagogue and the bigotry it reflects, it should give all of us pause to reflect upon the dignity of all life and the fundamental right of religious respect and tolerance. • All Christians owe the Jewish faith special reverence and respect. The Christian religion finds its spiritual roots in Judaism. The Jewish people were the first to hear the word of God: "it was they who were adopted as children, the glory was theirs and the covenants; to them were given the Law and the worship of God and the promises. To them belong the fathers and out of them...came Christ who is above all" (Romans 9:4-5). Jews have not ceased to be God's Chosen People. *The Jews still remain most dear to God because of their fathers, for he does not repent of the gifts He makes nor of the calls He issues* (Second Vatican Council, Declaration on the Relationship of the Church to Non-Christian Religions, 4). • The Jewish faith is already a response to God's revelation in the original covenant. The Jewish people witness to the Father of Jesus and revere the books of the Hebrew Scriptures (what we call the Old Testament). Furthermore, they live by the same moral code, the Ten Commandments. • The Church in our day speaks out strongly against anti-Semitism and prejudice directed against Jews. The Church reminds us that any persecution against the Jews, and any form of discrimination is contrary to the will of Christ and a direct violation of his call to love. • Through the ages many Christians wrongly blamed the Jews as a people responsible for the death of Christ. What happened in Jesus' passion *cannot be blamed upon all the Jews then living, without distinction, nor upon the Jews of today* (Declaration on the Relationship of the Church to Non-Christian Religions, 4). • Bishop Soto released a statement on the anti-Semitic attack that is posted on the diocesan website. The Bishop concluded his statement with, "May we join our prayers with our Jewish brothers and sisters for the intentions of those who have suffered the assault in Pittsburg and all their families. May our common efforts as people of faith sow the seeds of the Tree of Life throughout all of Northern California."

In Our Prayers

**Daily Mass Intentions
November 4 - November 11**

Sun	8:00am	Anita Cerqui (+)
	9:30am	For the People of the Parish
	11:00am	Anita Marie Heffernan (+)
Mon	8:00am	Al Stevens (+)
Tue	8:00am	Joan T. Koster (+)
Wed	8:00am	All Souls
Thu	8:00am	Jose, Ana & Lucy Oliveira (+)
Fri	8:00am	Altar Society Members (+)
Sat	9:00am	Pablo Cacanando (+)
	5:30pm	Gene Domek (+)
Sun	8:00am	For the People of the Parish
	9:30am	Int...Vicki & Marc Sazaki
	11:00am	Deborah Blucher-Boll (+)

In Memoriam

Let us pray for all those who have died and are in need of prayer. May they enjoy light, happiness and peace.

Please Pray for the Sick

Bishop Francis Quinn, Linda Ryle, Rick Cwynar, Kang Simon Lee, Suzie Riehl, Laurel Sunderman, Genevieve Dallosta, Isabel Harper, Rouzbeh Daylami, Howard Huston, Mark Zane, Richard Honey, Josephine Davila, Dale Wooldridge, Donald Anderson, Teresa Yeung, Nancy McGarry, Vivian Stolp, Rita Doherty, Patrick Valenzuela, Cheryl Halm Lincoln, Michael Fletcher, Grayson Kemp, Gary Pepe, William Daniel Reed, Stephanie Merenda, Victoria Generoso, Jim Collins, Grace Grant, Robert Arkebauer, Libby Basurto, Dena Foster-Cook, Marie Schumacher, Ralph Goodall, Josephine Haddock, G.R. Gurley, Darren Stewart, Marge Mugartegui, Angel Curiel, Phillip Worth, Sonia Damiano, Barbara Cramer, Ava Grace Arnold, Karen Amnon, Mary Terese Henriksen, Pamela Saenz, Stan Boyd, David Hunn, Addison Parker, Brett Stover, Norma Clark, Robert Clark, Jr., Ranier Guzman

Meetings & Events

Food Donation Bonanza!

In the Gospels, Jesus says, "Ask, and it shall be given," and WOW! You gave! We received over 70 bags of non-perishable items for our St. Vincent de Paul food pantry, for Cristo Rey High School and The Catholic Newman Center at Sacramento State. The generosity of Sacred Heart parishioners will ensure that the SVdP clients in our neighborhood as well as the families at Cristo Rey High School will have food for Thanksgiving. • A big thank you to Trader Joe's on Folsom Blvd for donating the bags and to the Sacred Heart Parish School 8th Graders for tying the ribbons on all the bags. • As you gather on Thanksgiving for your family's meal, be sure to say a prayer of thanks for the many donors in our parish community who answered the call for donations.

Please Remember

Since we do not have security around the church, please, for your child protection and safety, always accompany him/her to the restrooms located in the church vestibule. We are located on a busy corner with increasing foot traffic.

45th Annual Holiday Home Tour Coming Soon

The tour starts Friday, November 30 and ends Sunday, December 2. Support the Home Tour by participating in the Candy Cane Lane. Each candy cane will be displayed outside in front of the Candy Cane Boutique during the Home Tour and will have the desired family/name on the sign. This is a great sponsorship opportunity for our school families and parishioners. The stakes this year will be made of metal, and sponsors can take them home at the end of the Tour to use in their yards. Candy canes can be purchased for \$40 each. • Please contact Ashley Andrews at ashleyandrews21@gmail.com if you are interested in purchasing a candy cane. The deadline to purchase is November 16.

Lunch Assembly Program

Congratulations to the 50 families who have contributed to the success of the Parish Lunch Assembly program benefiting Mustard Seed School. November 11 marks the Program's first anniversary with 1,2000 lunches assembled. • Want to get involved? We are always in need of supplies: fruit snacks, 16 oz. bottle water, individual chips/crackers, protein bars, applesauce pouches, napkins, brown lunch bags, and large brown grocery bags. Feel free to drop off at the Parish Office. • To be added to the evites and participate in the Lunch Assembly, or if you have any questions, please email Kimberly Anderson at kknigh913@yahoo.com

Catholics Come Home: This Thursday, November 8

This week's topic is *The Nicene Creed—Our Christian Articles of Faith*. We will review the basic tenets ("articles") of Christian belief followed by an open topics discussion. • Are you looking to reconnect with your Catholic faith? Interested in deepening your faith? If you or someone you know is considering returning to the Church, or has recently returned, these sessions are an opportunity to learn more about the Church and its history, teachings and mission. Sessions are open to any Catholic who wants to learn more about our shared Faith. • Six weekly sessions are held Thursday evenings from 7:00 to 8:30 pm, October 4 through November 8, in the Parish Hall. • Flyers describing the weekly topics are available in the vestibule. For more information, visit the Parish website at www.sacheart.org/crh.php or call the Ministry Office at 916- 452-4830.

Youth Group Update

The Sacred Heart Youth Group had two great meetings in the month of October. At our first meeting, participants competed in a series of fun games based around the theme of "teamwork". Later in the month, the group celebrated its third annual Halloween/All Saints Day Party. The party featured a pumpkin decorating contest and a "Cheesy Homemade Halloween Costume Contest". Upcoming meetings will be held on November 14 and November 28. The meeting on the 14th will be our second annual Charity Bingo Night. Please bring a donation to support the Sacramento Food Bank Services and win some great prizes. The theme for the meeting on November 28th is still to be determined. • If you are a student in grades 8 through 12, please consider joining us for our next meeting. All meetings are held from 6:30-7:30 p.m. in St. Anthony's Hall. • If you have any questions, please do not hesitate to contact Mr. Sunderman at psunderman@sacredheartschool.net

Sacred Heart Parish School

Now Accepting Applications

The School is now accepting applications for the 2019-2020 school year. Applicants for Transitional Kindergarten must be 4 years old by September 1, 2019 and applicants for Kindergarten must be 5 years old by September 1st. We will also be accepting applications for 1st-6th grade. • For more information, please contact the Parish School at 916-456-1576.

Altar Society News

- All members of the Altar Society are invited to our bi-monthly meeting on Friday, November 9 at 10:00 am in the Parish Hall. Light refreshments will be served.
- Our thanks to Lois Considine for providing the flowers to beautify the Blessed Sacrament Altar during November.

I am the resurrection and the light, says the Lord. Whoever believes in me, even though he dies, will live, and everyone who lives and believes in me will not die forever.

Baptism Preparation Class for Parents/Godparents

A baptism preparation class is offered the third Monday of every month at 6:30pm in the Parish Hall located directly behind the rectory. To attend you must sign up by calling the church office at 452-4236 ext. 2. At the class, the necessity and importance of baptism are explained since this Sacrament initiates our entrance into the Church. Obligations and duties of parents and godparents are also covered. The Church recommends an infant be baptized soon after birth. Older children who have reached the age of reason (age 7) need to be instructed in the basics of the Father through the religious education program before being baptized. Baptisms take place on the second and fourth Sundays of the month after the 11:00 am Mass (around 12:15 pm). Parents are required to attend the class; godparents are encouraged to do so. For more details, please call the church office.

Catholic Faith Formation (CFF) Has Started

Registration for Religious Education for children from grades first to eighth attending a non-Catholic school are still being accepted. Forms are available in the church vestibule. • Classes are held on Tuesdays from 4:00 to 5:00 pm at the Parish School. Parents are invited to stay for their own discussion/activities while the children are in class. • For more information, contact Tila Madrigal, at 916-947-2683.