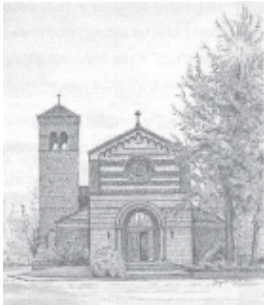


# THE SPIRIT

Volume 5, Issue 1

Spring/Summer 2005



## SACRED HEART CHURCH

1040 39th Street  
Sacramento, CA  
95816

916.452.4136



**Pastor**  
**Msgr. Robert Walton**

**Pastoral Associate**  
**Sr. Mary Martin, RSM**

**Deacons**  
**Gil Parra**  
**Bill Riehl**

**Religious Education**  
**Sr. Mary O'Meara,**  
**RSM**

**School Principal**  
**Raymond Burnell**

**Administrative Staff**  
**Barbara Valentini**  
**Rosemary Purtill**

## Spiritual Guidance and Direction from within the Parish...

*When we think about our relationship with God, we often think of it as a private matter, something we keep deep within our hearts or share with our immediate family or our closest friends. Yet, Christ's teachings suggest that we move beyond self and reach out to others in our sharing of faith. Sacred Heart services and ministries aim to assist parishioners and the community in learning and living a life of inclusive spirituality and salvation in accordance with Catholic doctrine. In this issue of the Spirit, we examine the infrastructure of our parish supporting us in these efforts through the personal reflections of faith from active participants in some of our parish ministries.*

## *Relationships ... The Theme of Bishop Quinn's Sacred Heart Mission*



When I read that our parish was going to have a mission, my mind immediately reverted back to years ago when a mission meant two Passionist priests dressed in black with the hearts of Jesus on their chest, preaching alternately with deep resonating voices on prayer and hell.

Spring forward to February 2005, when retired Bishop Francis Quinn appeared on the altar, without fanfare, candles or opening prayers, looking his 80 plus years, stooped and frail. His voice was calm and his thoughts collective.

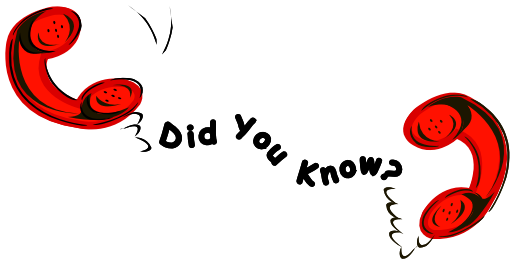
The underlying theme during his four-day mission was on "relationships": relationships with family, neighbors, workers, the institutional church, and most importantly our relationship with God and his son, Jesus Christ. In all instances he stressed that the success of all of our relationships depends on our personal relationship with Jesus Christ.



His message was communicated with words and phrases which had meaning to our present day lives. He gave the youth new commandments to live by, (#1 "Be patient enough to obey. You'll be giving orders yourself one day."); new beatitudes for the home ("Blessed is the home where all try to face their daily problems and disagree without being disagreeable."); and comments on fatherhood, ("Children will be what their father are, not how their fathers lecture them.")

He spoke of matters not normally preached about: sexuality, today's problems in the institutional church, failures, and fears. In all of these he showed us how to find God. He answered questions with an open and honest spirit. Even in the difficult times we are experiencing today, he reminded us that Christ promised to be with us and his Church forever.

*continued page 2 . . .*



by Sister Mary Martin

- ... that the seniors were privileged to spend a very pleasant afternoon with Bishop Quinn? He shared artifacts from his special mission with the Indians in Tucson, Arizona, by showing the seniors his collection of Indian symbols of religion and culture.
- ... that Patrick was not an Irishman? He was born in Wales and was missioned to Ireland by St. Martin of Tours, France, in 432. (Best kept secret!). He used the shamrock to try to explain the mystery of the Holy Trinity. This is how the shamrock became the symbol of the island!
- ... that Jim Sweeney and Holly Peterson ran a workshop on March 10 on twentieth century martyrs in the Catholic Church?
- ... that an estimated 273 people are martyred each day for their Catholic faith?
- ... that more than half of all Christian martyrs since the time of Christ have been killed since 1900 (45.4 million out of 70 million)?
- ... that the teenagers spent a very enjoyable evening with Bishop Quinn to the tune of a pizza party even though Bishop Quinn is a vegetarian?
- ... that the parishioners who participated in Disciples on the Journey enjoyed a very prayerful time in their faith-sharing groups during the Lenten season?
- ... that 26 people, catechumens and candidates, received Baptism, Confirmation and Holy Eucharist? Now their new name is neophytes.
- ... that the Sacrament of Confirmation will be administered to adults who may have missed Confirmation along the road of life? The Confirmation is May 7, at the noon Mass at Our Lady of Assumption Church.
- ... that the annual parish family picnic will be held on Sunday, May 22, at East Portal Park from 11:00 a.m. to 5:00 p.m.?
- ... that the new marriage preparation program (Evenings for the Engaged) is off to a great start? Dona and Denis Zilaff have journeyed with the first couple for six weeks. Great experience for both couples!
- ... that Frank Losco has organized and planned the annual retreat for the RCIA. Good job, Frank, for the past two years!
- ... that George Dunn received an unexpected visit from Sister Martin and Pam Milchrist? They went to the wrong house on 44<sup>th</sup> Street for a committee meeting. It was the luck of the Irish that when George opened the door, he knew Sister Martin and graciously escorted them to the right house.



*Relationships ... The Theme of Bishop Quinn's Sacred Heart Mission*

*... continued from page 1*



He reminded us how our parish is our second home. It is here where many of us form lifetime relationships, whether by actively participating in our liturgy, being a team member in our RCIA program, or as a volunteer in one of our many parish ministries.

It wasn't until that last session when he told the story of Christ's life in Sacramento, and spoke of his own life, that his message came through most profoundly. At the conclusion I came away feeling that I had truly experienced Christ in another human being.

As Father Walton commented at the conclusion, during this period of Lent we have been truly uplifted.

*Bob Granucci*

**THE SPIRIT**

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The newsletter staff welcomes your suggestions and submissions. Please contact Sr. Martin at 452-4830.

# Hearing Your Voice . . .



Remember the survey that took place a month after Monsignor Walton arrived? Remember the top twelve priorities you said were important? Nearly three years have passed since then. Dozens of parishioners have been working together ever since to address our parish priorities over the long-term.

In response to our parish priorities, Monsignor opted to create a Pastoral Council at Sacred Heart. A cross-section of active parishioners was invited to consider a three-year commitment. In September 2003 the first Pastoral Council meeting was held.

Since the first Council meeting, great strides have been made to lay the foundation for ongoing opportunities in several key areas of parish life: worship, community, formation, social justice, evangelization and stewardship. So far, three expanded teams have also been formed to work in the areas of worship, community and formation. The teams work collaboratively with parish staff. Our parish has already experienced the fruits of their time, talents and energy.

This coming June, the Council will provide an evaluation of where we are today relative to our parish priorities. All parishioners will be invited to share feedback, comments and suggestions.

*Kathy Dana*

## Your Top Priorities . . . from the 2002 Diocesan Survey

- |                                       |  |
|---------------------------------------|--|
| 1. Children's Religious Education     | 7. Social Activities to Strengthen our Community |
| 2. Marriage Preparation               | 8. Small Prayer Opportunities                    |
| 3. Youth Ministry                     | 9. Retreat Opportunities                         |
| 4. Adult Religious Education          | 10. Renovating Current Facilities                |
| 5. Opportunities to Help the Needy    | 11. Outreach to Inactive Catholics               |
| 6. Receiving and Instructing Converts | 12. Building New Facilities                      |

## Your Pastoral Council

Terri Barbeau	Joe Fornasero	Daune Kirrene	Tom Slakey
Cheryll Cochrane	Norman Gonzales	Frank Losco	Rita Spillane
Kathy Dana (Chair)	Kristen Hansen	Jim McFetridge	Msgr. Walton
Carol DeLaMater	Nina Iliff	Lorelei Olin	

## Teen Commandments by Bishop Francis Quinn

- |  |  |   |
|--|--|---|
| 1 <sup>st</sup> Commandment: Be patient enough to obey. You'll be giving orders yourself one day.  | the week; give Him back an hour.   | spend your whole life with as a spouse.)  |
| 2 <sup>nd</sup> Commandment: Think twice before joining a gang. Choose your companions carefully. You become what they are.                      | 5 <sup>th</sup> Commandment: Don't show off when driving. If you want to race, go to Indianapolis or Daytona.                          | 8 <sup>th</sup> Commandment: Avoid "following the crowd": be an engine, not a caboose.  |
| 3 <sup>rd</sup> Commandment: Turn away from racial prejudice. Each of us or our parents, grandparents or great-grandparents were all immigrants. | 6 <sup>th</sup> Commandment: Use the beautiful gift of sex as God intended. Don't be afraid of it. Don't be obsessed with it.          | 9 <sup>th</sup> Commandment: Stop and think before you drink. Or, as the current version would be: Show some class, keep off the grass. |
| 4 <sup>th</sup> Commandment: Get to church regularly. The Creator gives you  | 7 <sup>th</sup> Commandment: Choose a date who would make a good mate. (That is, choose for your dates someone you would be willing to | 10 <sup>th</sup> Commandment: The greatest thing you'll ever learn is just to love and be loved in return.                              |



*Bishop Weigand*

# The Shepherd Calls His Sheep . . .

On October 11, 2004, over 400 Catholics gathered in Yuba City for the third synod in the history of the Sacramento Diocese. The last one was held in 1929, lasted three days, was attended by priests only, and was conducted in Latin. How times have changed!

We were honored to be asked to be delegates from Sacred Heart Parish, joining lay delegates from the other 99 parishes in the diocese. The 200 delegates from the parishes were joined by 200 at-large delegates. From Sacred Heart, Marion and Tom Slakey who were on the synod planning commission, were at-large delegates. Other at-large delegates from our parish were Sr. Susan McCarthy, RSM, Sr. Anne Chester, RSM, Brother George Van Grieken, FSC and Msgr. Walton.



*Marti Geiger*



*Joe Sison*

The opening liturgy, held at St. Isidore Church, was celebrated by Bishop William Weigand and Bishop Richard Garcia. It was very moving and empowering to have every person in church singing and responding loudly. It brought to life the phrase “The Body of Christ.”

Over the next three days, over 300 recommendations were discussed and discerned by the delegates. By the end of the third day, seven recommendations were given to Bishop Weigand. The topics included family faith formation, lay ministry and training, vocations, Eucharist and sacraments, and programs for teens and young adults.

On January 9, 2005, Bishop Weigand called the delegates back to Yuba City for the issuance of his initiatives, based on the recommendations that were given to him in October. In a moving ceremony, the bishop signed the initiative documents in English and Spanish. He also appointed Sister Susan McCarthy, RSM, to oversee implementation of the initiatives. In addition to initiatives based on the proposals that came from the synod itself, the bishop added initiatives dealing with social justice and cultural diversity. The full text of the initiatives can be read on the internet at [www.synod2004.org](http://www.synod2004.org).

The initiatives will now be turned over to the pastoral councils and other diocesan offices that will begin implementation in the parishes. The bishop is expected to meet with the delegates in October 2005 for a progress report.

What we shall remember most are the many wonderful delegates from all over the diocese who joined with us at the synod, and how those many voices became one in Christ in the liturgies we were privileged to participate in.



*Tom and Marion Slakey*

*Joe Sison and Marti Geiger*



# A Special Invitation . . .



“This is My Body” and “This is My Blood.” As eucharistic ministers, these beliefs are pronounced several dozen times on each occasion when we serve in our ministry. The Catholic Church draws its very life from the true presence of Jesus in the Eucharist. Each eucharistic minister is a participant in this most wonderful mystery of our faith. We proclaim this truth to our fellow believers with the delivery of the sacred bread and wine.

Do you, as a Catholic and parishioner, feel drawn to this ministry? I believe this is a ministry that one is called to by God Himself. We do not pick the ministry; God invites us to be ministers of the Eucharist.

Sacred Heart Church is fortunate to have a group of very dedicated eucharistic ministers. Most of our ministers have been in this service for many years and serve anywhere from weekly to once a month. We are also happy to have had many new members join us recently, and are inspired when our teens are called to join us as eucharistic ministers. We know that God is working through all of our ministers in a special way.

There is a minimum of five ministers required for each of the four Sunday Masses. Four stations are set up for receiving the Body of Christ and two stations are set up for the Blood of Christ. An extra minister is scheduled when the choirs are present so we can assist our choirs back to their beautiful music.



*continued page 6 . . .*



## Feeling the Inclusive Warmth. . .

### . . . A Personal Reflection from a New Convert

I was confirmed at Sacred Heart as a Catholic at the 2004 Easter Vigil Mass. Since then, I have felt in many ways the powerful inclusive forces of our Sacred Heart Parish. I summarize these forces as “welcome, participation, and growth.”

First, I have always felt welcomed into the faith at Sacred Heart Parish. After Confirmation, many people I did not know have come up to me after Mass, introduced themselves, and welcomed me to the faith and parish. This has helped me create many new friendships with a network of believers. It is never easy to walk up to a stranger and make introductions, yet those efforts by many at Sacred Heart are greatly appreciated. I look forward to meeting and welcoming the newly baptized and confirmed this year.

Second, having multiple available ministries to participate in at Sacred Heart has helped deepen my faith. During my RCIA class, both Monsignor Walton and Sister Martin repeatedly stressed the importance of participation in Sacred Heart ministries. They both emphasized that participation would aid ministry recipients, and also, deepen and affirm one’s faith. They were right. Ministry activities connect a person with the strong Catholic legacy of social involvement. The parish ministry catalog is a treasure of opportunities.

Third, Sacred Heart offers a broad spectrum of education classes that have allowed me to deepen my faith. The parish is fortunate to have highly skilled instructors and participants that synergistically create learning experiences that enable all to learn more and more of the wonders of the Catholic faith. For example, the Catechism becomes a manageable book as Tom Slakey’s class guides us through its many complex and powerful passages.

Bishop Quinn recently remarked that he could feel a cohesive parish community thriving at Sacred Heart. I agree. Inclusive parish people and programs have made me feel welcome, given me an opportunity to participate, and enabled me to grow as a Catholic. These are wonderful traditions that we as a parish community should continue to embrace and develop.

*Frank Hagie*



***Sunday May 22***  
***11:00 a.m. to 5:00 p.m.***

***Save the Date!!!***

***The Parish Picnic is coming***

***to East Portal Park***



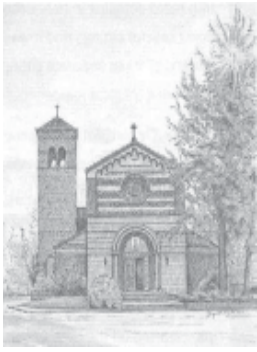
*Eucharistic ministers gather for the Holy Thursday Mass and procession*

*A Special Invitation . . . continued from page 5*

Being a eucharistic minister is a very spiritual and rewarding ministry within our Church. As extraordinary ministers, we serve in a very privileged way along with the priest and deacons.

Have you been called to join this wonderful ministry? Sacred Heart Church can always make room for those whom God has called. Please contact Sister Mary Martin at 452-4830 or Maureen Sharp-Huhn at 454-1327 for more information.

*Maureen Sharp-Huhn*



# The Sacred Heart Family

## In Memoriam . . . July-December 2004

*"May their souls and the souls of all the faithful departed,  
through the mercy of God, rest in peace."*



Eleanor R. Keating  
Evelyn (Murray) Wilson  
Antoinette Rakela  
Andrew M. Cochrane  
Charles (Chuck) Zellmer  
Lucille Koewler

John Silveira  
Paul L. Bernardis, Jr  
Michael Manning  
Tony Zanze  
Michael Tscheu  
Joseph J. Smith

Stasia Bernardis  
Benjamin Hagan, Jr.  
John M. Twomey  
Grace Frances Alley  
George Zuccaro  
Ann Sertich

## Baptism . . . July-December 2004

*"You have put on Christ, you have been baptized." (Rite of Baptism)*



Colin Gregory Cooper  
Kamryn Alexis Mangels  
Deven Shurtleff-Calzascia  
Santiago Erik Brotzman  
Ann Claire Hoeft  
Mya Ann-Marie Buckholz  
Thomas Andrew Selby  
Benjamin Ted Snyder  
Paulinamae Miranda  
Vincent John Graciano  
Amelia Rector

Milo J. Stibor  
Paula Paulo De Sa Burga  
Henry James Shea  
Devin Sanchez  
Dylan Sanchez  
Irene Mae Hales  
Logan Hans McLoughlin  
Erin Marie Davis  
Thomas Joseph Curtin  
Nathaniel Isaiah Robertson  
Joseph John Muraoka

Kelly O'Dea Cook  
Aidan Reid  
Reece James Ramil Kopka  
William Alan Cazneaux  
Matthew Jared Pena  
Xiomara Jimenez  
Reina Victoria Barbosa  
David Anthohty Garavello  
Ava Renee Maier  
Anapaula Floyd

## Marriages . . . July-December 2004



*"I promise to be true to you in good times and in bad, in sickness and in health. I will love you and honor  
you all the days of my life." (Rite of Marriage)*

Kory Bryan Leadon & Emily Grace Schnetz  
Eugene A. Sirois & Judy W. Payne  
Gustavo Espindola & Maria Dolores Garcia  
Michael Perez & Rebecca Webb  
Josh Michael Tindel & Jessica Inzaina  
William Romzick & Cecelia Sprinkle  
James Borgmeyer II & Karina Vasquez  
Danny Cheng Yen & Lonna Phuong Vu  
Christopher M Lippi & Jennifer L. Roth

Enda Martin Quinn & Susan Gendinning  
Peter Race & Farrah Garrett  
Paul A. Ramirez & Jacquelin Andronico  
Christian J. Soria & Jennifer Lynn Bills  
Nicholas A. Barbato Jr. & Jeannine M. Long  
Greg Thomas Stewart & Patricia D. Powers  
James Brockton Damrell & Lauri Ann Kauffman  
Nathan Thomas Carlson & Cheryl Renda  
John Michael Costa & Alisha Rael Skarphol  
Daniel Paul Welz & Alana Allison Glen